

From the Editors

Autumn began with the General Meeting of the Polish Psychiatric Association and the election of a new Management Board. Prof. Jerzy Samochowiec became the President of the Polish Psychiatric Association, and our Colleagues: Dominika Dudek (President-elect), Joanna Rymaszewska (vice president), Janusz Heitzman (vice president), Adam Wichniak (treasurer), Tomasz Szafrński (secretary), Sławomir Murawiec (spokesman), Przemysław Bieńkowski, Łukasz Cichocki, Małgorzata Janas-Kozik, Maciej Matuszczyk, joined the Presidium of the Polish Psychiatric Association Management Board.

On behalf of the Editors we would like to congratulate all persons mentioned above and we wish you fruitful and satisfying activities for the entire Polish psychiatric community.

October 17 marked the first anniversary of the death of our Friend and Mentor, Professor Jerzy W. Aleksandrowicz. For us – his colleagues in the Editorial Office and in the Editorial and Publishing Committee, He is constantly a reference point. Often when making decisions or conducting discussions we ask ourselves: what would He say, what would He do? This is proof of the truth of the thesis that the greatness of man prevails over the fragility of existence.

And what about the current issue of *Psychiatria Polska*? You will find there an interesting work by J. Woroń et al. on the interaction of psychotropic drugs with medications used in treatment of cardiovascular disorders. J. Woroń and M. Siwek have already published an article on the interaction of 'our' drugs with plant products and dietary supplements [1]. Writing about interactions in an interesting way, while helping doctors in their daily practice is a real art, the more we congratulate the Authors and recommend this work to Readers. This is not the end of the analysis of the relationships between psychiatry and cardiology – several more articles are devoted to them.

Increasingly common eating disorders are a growing challenge for psychiatry. It is worth reading an article devoted to refeeding syndrome as a complication of anorexia treatment, which has already been mentioned in one of the previous issues of *Psychiatria Polska* [2]. Unhealthy eating habits can also cause overweight and obesity, including morbid obesity, in which psychological and psychopathological aspects are key to successful treatment. M. Sekuła et al. address this issue.

Another group of issues includes stress management and burnout. In the current issue, attention has been devoted to psychiatrists and psychiatric nurses, while earlier there were also articles devoted to paramedics [3] and firefighters [4].

These are just an outline of the topics you can read about in the autumn issue of *Psychiatria Polska*. Have a nice and inspiring reading.

Dominika Dudek – Redaktor Naczelna
Jerzy A. Sobański – zastępca Redaktor Naczelnej
Katarzyna Klasa – Sekretarz Redakcji

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