

From the Editors

We write these lines on the eve of the most important scientific event for all of us, i.e., the 48th Scientific Congress of the Polish Psychiatric Association, which will take place in Krakow from September 4-6. The theme of the Congress is “Psychiatry in the Face of the Challenges of the Contemporary World”, and participants – including, hopefully, our readers – will undoubtedly have the opportunity to acquaint themselves with a wide range of interesting and stimulating presentations. We also hope that this will result in further publications submitted to our journal. At this point, we would like to remind readers of the recent changes in the publishing regulations of *Psychiatria Polska*.

In the meantime, we place in your hands the present issue of our journal. It opens with two articles addressing the relationship between depression and reproductive issues. Here we recall some earlier works focusing on similar topics [1, 2]. An interesting contribution is the article by Patrycja Kurowska et al. on cannabis and cannabinoids in the treatment of post-traumatic stress disorder, in which the authors not only conducted a literature review but also analyzed information presented on the websites of centers in Poland that provide medical marijuana. Developing effective methods of support for individuals suffering from PTSD is certainly one of the challenges faced by contemporary psychiatry and psychotherapy [3-6], and unfortunately, the circumstances conducive to the occurrence of this disorder are encountered almost daily in today’s world...

Also noteworthy is the article by Urszula Marchewka et al. on stress levels among medical and dental students during their clinical training. It serves as a reminder of the necessity to consider students’ mental health and the factors that influence it, and it encourages reflection on our own impact – as lecturers, clinicians, and senior colleagues – on these factors.

We wish you a pleasant read,

**Dominika Dudek – Editor-in-Chief,
Jerzy A. Sobański,
Katarzyna Klasa**

References

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